

skyline'64. newSnote. 2.14

Thank you **Bruce Goddard** for the lovely tribute to **Kathy Bergen** on the website Memorials. And to **Barbara Lauck** for getting into the spirit of things.

Last month 120 peeps read the newSnote at the website, but very few are posting updates/thoughts/blurbs on their page. If you have writer's block or do not wish to share personal information, please consider penning something about the following:

1. What in your high school career prepared you/did not prepare you for LIFE?
(Like my ability to write which was helpful with communities where English or literacy was not available; like being editor of the Oracle which is why I have always enjoyed doing newsletters, etc.)
2. Memorable incident/person/faculty on campus?
(Pipes bursting, gym teacher in Playboy, same teacher as parent, chemistry teacher meltdown in face of student brilliance)(the US wall map next to where I sat in Ms. Johnson's class engendering resolve to know someone in each state)(Mr. Tranchina telling me I'd never even graduate from Podunk U)
3. Local or worldwide event that occurred 1961-64 that had impact on your life. (see article on 1964 below)

COUNTDOWN BEGINS!!

WEBSITE IS NOW OPEN FOR REUNION PAYMENT. Cost will be \$75/person until **June 12**; after that it will be \$100/person. You will be able to pay through the web site or send checks to Carol Vierra Szymkiewicz at 809 Auzerais #230, San Jose, CA 95126.

And a reminder that a block of rooms has been reserved at the **Executive Inn & Suites Jack London area map**

1755 Embarcadero (510) 536-6633, (800) 346-6331 www.executiveinnoakland.com

This waterfront hotel near Jack London Square offers 224 rooms and suites. Courtesy shuttle to Oakland Airport and Downtown. Enjoy a free breakfast, parking, complimentary internet access, a 24-hour business center, pool, spa and fitness center. Lobby lounge open weeknights.

(A brisk walk to the south will bring you to a marina area with a few restaurants; it is a short drive to the Park Street bridge into Alameda.)

Exec Inn - Water View Double Queen \$159

Exec Inn - Water View Single Queen 149

Best Western Bayside - Water View Double \$179

Best Western Bayside - Single King \$169

The October newSnote also contains a list of other accommodations available.

Mail Bag:

Allen Kent Willis

Re: Ernst Kalm

I looked around online for info on Mr. Kalm. I found his son Stephen Kalm, PhD, who is the head of the music dept. at the Univ. of Montana. He graduated from Skyline High in 1973, and Mr. Kalm died in 1975. Mr. Kalm was one of my most memorable teachers. He posed as a German army officer in an American POW camp for German prisoners; which is full of irony in that he was a Jewish man. The German POW camp had two groups, one for Hitler, and another against Hitler, and they were killing each other. He went in and found out who was causing this, ending the murders; these murders were of major concern due to the fact the Germans had thousands of Americans in POW camps. At least this is how I remember how Mr. Kalm told us the story. I admired his bravery, how he fled Germany to come to America, and how he became successful here, teaching economics and German, and raising a family here.

David Gebhard

We are so busy, everyday there is barely time to work out at the gym. i am trying to do a rewrite on my memoirs, as Pam wants me to publish them. She is starting school, just to keep her hand in, as she is graduating from Sonoma State University this semester. I am still concurrently substitute teaching, ten years now, and undergoing dialysis three times a week. We are enjoying the three casinos in our neighborhood. We treat them like a job, only playing match plays and not getting greedy, and we make out well enough to eat there regularly. They all three have decent food, and the WildCreek at the Running Creek Casino is excellent and the staff is super friendly, courteous, and professional. I started working out at my new gym today. I miss the Wellness Center at the hospital, but all things evolve and change. It seems the older I get, the less I like change. I know adaptability is a survival necessity. adieu!

Bob Barklow

In my profile, I put in a "now" picture that was taken 10/03/13. I'm at a sign post directing me and my brother, Jim (Skyline '62), to travel on a logging road 11 miles to the trail head; A mountain named after our gr-gr-granduncle near Powers, Oregon.

also from Bob:

you're asking me if it has warmed up for me, here (*St. Paul*). I'd say yes. This morning it was -11 degrees F and as I'm writing this at lunch time it is -5 degrees. During this week we will get a break. The forecast says that it will be in the 30's. In that balmy weather we will be wearing our shorts. When I worked downtown I would bicycle on a bridge over the Mississippi River every work day of the year, if the trail was clear of snow or mush, wearing my penny loafers. One winter day when I was out with some coworkers, one asked, "Where are your boots? ". Without looking down, I told him, " I'm wearing them". "Those? ", as he pointed to my feet. "Yes, they are my California Boots".

and then.....

In the Oregon Coast Range, there is , Barklow Mountain - EL. 3579. How did it get my family name?

In 1872, my gr-gr-grandfather, Samuel, along with two of his brothers, David and John, his sister, Sarah, their mother, Anna, and part of their families, left their farms in Illinois and Iowa

and boarded the nearly new transcontinental railroad traveling to Sacramento. There they transferred trains to Red Bluff ,where the line ended, and obtained a wagon. They continued traveling north until they arrived at the location where they were told to head west for their destination, Coquille Valley, Myrtle Point, Oregon. Here they had to go into the Coast Mountain Range. Here they sold their wagon. Packing in, they followed Elk trails and streams. In a log they mentioned that in one area it took them six days to go six miles. My great grandfather, James, was 10 years old when he made the trip but, his mother, Mary had died 6 years earlier. When they arrived Samuel and John each bought land for farms. David and Sarah I believe stayed in town and with their mother going where needed. John, having a grown family, could leave the farm in their hands, at times, and prospect for gold, unsuccessfully, in an area that included the mountain that was named after him. My father and grandfather were born and lived in Myrtle Point. When my brother Jim and I visited and climbed the mountain, we found it heavily wooded with steep mtn.slopes. The mountain is now in the Copper Salmon Proposed Wilderness Area. Earlier, it was a forest fire look out. In 1972, by helicopter, they removed the lookout building. Also, on a low saddle on its west ridge, the Native Americans used it for smoke signals during the 1855-56 war. How good it feels to look back at family history. This is all new to me. Being a grandfather this is great. Now I got stories to tell.

Shayne, I have another newSnote I'll try to send tonight or tomorrow morning. If I don't make it, It could always go next time. Climbing the incline of a mnt. is a lot more easier than my incline to write.

 Congratulations to **Grandma Martha Gooby Micks** who was at the arrival of Adeline Elizabeth.....3 lbs 2 oz but is “healthy and beautiful”.

 for an entertaining narrative from **Bruce Goddard**:

[Oh Thank Heaven.pdf](#) [Year of the Dog.pdf](#)

 Kasper’s on 1/27 was graced with a fly-by appearance of **Neil Golden** and a first-timer, **Bruce Goddard**. The next celebration of dog cuisine will be February 17 @12:30.

BIRTHDAYS (Continued correction/additions sought)

Feb

- 1 Barbara Ann Brandon
- Michele Reynolds-Frost
- 3 Linda Allred Glaze
- 5 Cynthia Young
- 8 Roy Manson
- Rosemary Reitz
- Gene Dangel
- Stan Lore
- 13 Robin Kibbe
- Fred Runo

- 14 Diane Carniglia
- 17 Clare Simpson

March

- 01 Al Newman
- 01 Diana Robinson
- 03 Martha Gooby Micks
- 04 Mildred Caldwell Swafford
- 04 Judy Card
- Dennis Bushell
- 04 Delsa Pauletich Ham
- 05 Sharlyn Brennan Tucker
- Doug Bartman
- Tina Illick Coolahan
- 08 Michael McGarry
- 10 Renee Cameto
- 11 Roy Langridge
- 21 Diane Cecil Laspina
- 25 Randy Silver
- 27 Gary Caso
- 27 Larry Helzel
- 27 Roger Kientz
- 28 Dennis Bruns
- Ben Leet
- 29 Patty Marshall Monson

What crazy national day falls on your birthday?

<http://www.studentbeans.com/worldweirdweb/a/odd+facts/what-crazy-national-day-falls-on-your-birthday3119.html>

Feb

- 1... Serpent Day
- 2... Purification Day
- 3... Cordova Ice Worm Day
- 4... Create A Vacuum Day
- 5... Disaster Day
- 6... Lame Duck Day
- 7... Charles Dickens Day
- 8... Kite Flying Day
- 9... Toothache Day
- 10... Umbrella Day
- 11... White Tee-Shirt Day and Don't Cry Over Spilled Milk Day
- 12... National Plum Pudding Day
- 13... Get A Different Name Day and Dream Your Sweet Day

- 14... Ferris Wheel Day and National Heart to Heart Day
- 15... National Gum Drop Day
- 16... Do A Grouch A Favor Day
- 17... Champion Crab Races Day
- 18... National Battery Day
- 19... National Chocolate Mint Day
- 20... Hoodie Hoo Day
- 21... Card Reading Day



- 22... Be Humble Day
- 23... International Dog Biscuit Appreciation Day
- 24... National Tortilla Chip Day
- 25... Pistol Patent Day (Samuel Colt)
- 26... National Pistachio Day
- 27... International Polar Bear Day
- 28... Public Sleeping Day
- 29... National Surf and Turf Day

2014 is Our Birthday

The East Bay Regional Park District was formed in 1934, and a year of celebration is in the works for 2014. You can download our 2014 calendar with historical and modern day images in the parks.

[East Bay Regional Park District 2014 Calendar](#) (28 pp., 1.8 MB, PDF)

River otters coming back to the urban Bay Area Denis Cuff, Contra Costa Times

When fishermen reported seeing river otters in Lake Temescal earlier this year, park superintendent Doug Cantwell thought it might be an urban legend in the making.

[More things to do in Oakland](#)

50. Root for the [Golden State Warriors](#)
51. Remember the Victorian age at the [Camron-Stanford House](#) on Lake Merritt
52. Master the making of mosaics at the [Institute of Mosaic Art](#)
53. Ace some shots at the [Davie Tennis Stadium](#)
54. Soothe your soul with a concert by the [Oakland East Bay Symphony](#)
55. Hook a fish dish at a waterfront restaurant at [Jack London Square](#)
56. Bask in the blues with your barbecue at [Everett & Jones](#)
57. Trot along the top of the [Bay Area Ridge Trail](#) on horseback
58. Swim laps at [Roberts Pool](#)
59. Wonder at the Wurlitzer before a movie at the [Grand Lake Theater](#)

If none of the above make it onto your bucket list, try this: http://www.zagat.com/b/50-states-50-sandwiches?utm_source=taboola&utm_medium=cpc&utm_campaign=desktoptopperformers#51
or

East Bay Winery Bike Tours

Although it hasn't quite reached the level of Napa Valley's 400-plus wineries, the East Bay's wine scene has experienced a rebirth—and East Bay Winery Bike Tours intends to ride right alongside as it continues to grow. Led by owner Jon Zalon, the company takes to the streets on two wheels to explore the area's ever-expanding collection of urban [wineries](#) and the faces behind the bottles at each stop.

In 2012, [Diablo magazine](#) plopped East Bay Winery Bike Tours at No. 10 on its "50 Things You Gotta do This Summer" list. No matter the season, EBWBT's rides present safe, scenic routes that include everything from a trip to an Oakland estuary to a pleasant cruise down Alameda's palm-lined streets—all without having to rent a car or a horse to drive that car. Every tour also makes sure to set aside plenty of time to soak in the surroundings, including picnics packed with homemade food.

In a Nutshell

Explore East Bay's revitalized wine scene during a 10- to 19-mile guided bike ride that includes stops at area wineries and a picnic lunch

Starting in Jack London Square, small groups of 6–13 participants follow a guide around the East Bay while stopping at three or four different wineries over the course of five hours. Tours include bikes, helmets, and lunches, plus ferry transportation from Alameda Point back to Jack London Square at the end of the tour. See the [tours page](#) for upcoming times and the [itinerary page](#) for route details.

The New Parkway

Curling up on a comfy couch, digging into gourmet popcorn, throwing back a cold one, and watching a movie -- it's not Friday night at home, it's an evening out at The New Parkway, a cinema with [ambiance](#) as magical as, well, movies:

- \$26 (\$53 value) for 4 movie tickets, 4 small popcorns, & 1 pitcher of beer
- Includes popcorn topping bar; butter available for additional fee
- Valid for all \$6 shows except after 5 p.m. on Saturday

Movies and Beer, A Combo You Just Can't Stop

Movie-loving Oaklanders mourned four years ago when this locally owned favorite was forced to shutter its Park Boulevard location -- but now it's back with a cool space in Koreatown-Northgate and everyone from [Grubstreet](#) to [Oakland North](#) is thrilled. In addition to an assortment of funky, comfy couches, this quirky community cinema features state-of-the-art HD digital projection, 7.1 surround sound, and a range of movies from cult favorites to the latest hits.

The New Parkway's [Website](#) | [Facebook](#)

*****h

http://grist.org/living/this-old-thing-san-francisco-finds-new-life-for-dead-threads/?utm_source=newsletter&utm_medium=email&utm_term=Daily%2520Jan%252016&utm_campaign=daily

"7% " Written by a 90 year old

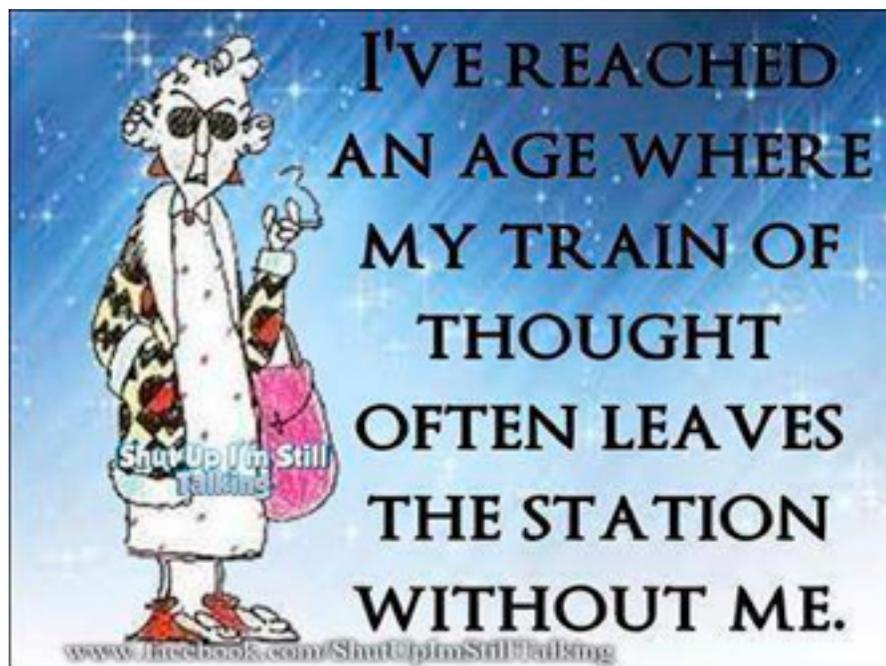
This is something we should all read at least once a week!!!! Make sure you read to the end!!!!

Written by Regina Brett, 90 years old, of the Plain Dealer, Cleveland , Ohio .

"To celebrate growing older, I once wrote the 45 lessons life taught me. It is the most requested column I've ever written.

My odometer rolled over to 90 in August, so here is the column once more:

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short – enjoy it.
4. Your job won't take care of you when you are sick. Your friends and family will.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Stay true to yourself.
7. Cry with someone. It's more healing than crying alone.
8. It's OK to get angry with God. He



can take it.

9. Save for retirement starting with your first paycheck.
10. When it comes to chocolate, resistance is futile.
11. Make peace with your past so it won't screw up the present.
12. It's OK to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye, but don't worry, God never blinks.
- 16.. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful. Clutter weighs you down in many ways.
18. Whatever doesn't kill you really does make you stronger.
- 19.. It's never too late to be happy. But it's all up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
22. Over prepare, then go with the flow.
- 23. Be eccentric now. Don't wait for old age to wear purple.**
24. The most important sex organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so-called disaster with these words 'In five years, will this matter?'
27. Always choose life.
28. Forgive
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time time.
31. However good or bad a situation is, it will change.
32. Don't take yourself so seriously. No one else does.
33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or didn't do.
35. Don't audit life. Show up and make the most of it now.
36. Growing old beats the alternative of dying young. (*But RIP to those that touched our lives.*)
37. Your children get only one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time. Accept what you already have, not what you need
42. The best is yet to come...
43. No matter how you feel, get up, dress up and show up.
44. Yield.
45. Life isn't tied with a bow, but it's still a gift."

Its estimated 93% won't forward this. If you are one of the 7% who will, forward this with the title '7%'.

I'm in the 7%. Friends are the family that we choose; *what an extended family we have!*

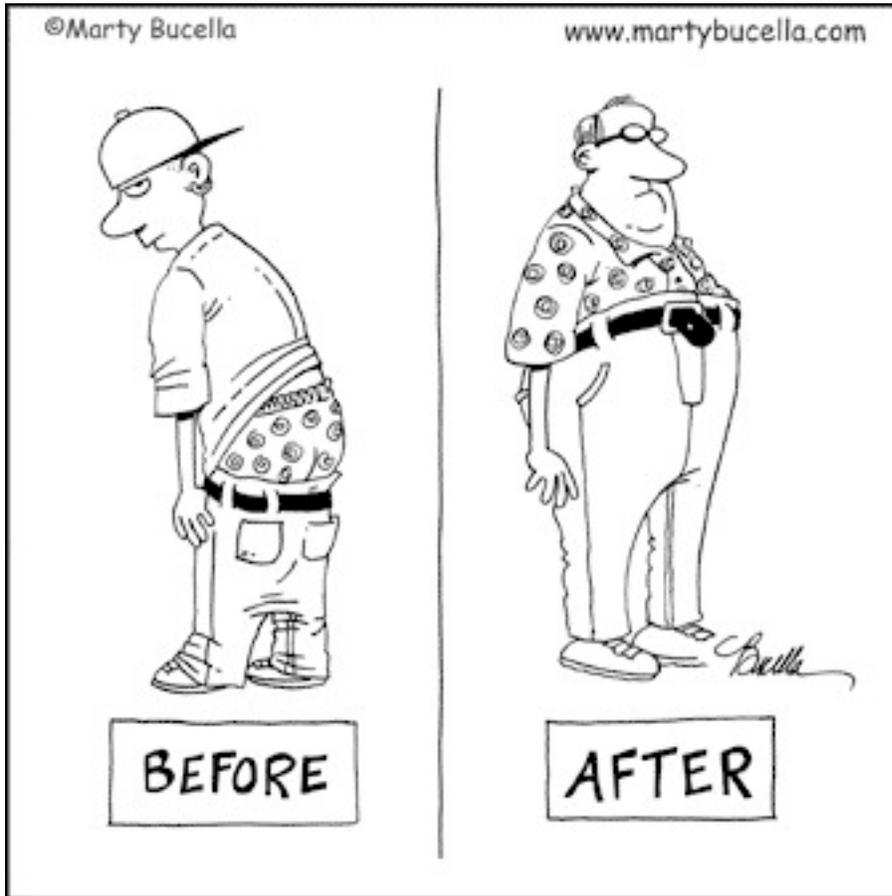
Bob Tregilus (not a classmate)

This is an outstanding documentary. I didn't realize so many crucial events in U.S. history all happened in the single year of 1964. They had always just been part of the '60s to me. 1964 was truly a turning point in in our history, both politically and culturally.

American Experience . 1964 pbs.org

[1964 was the year the Beatles came to America, Cassius Clay became Muhammad Ali, and three civil rights workers were murdered in Mississippi. It was the year when Berkeley students rose](#)

[up in protest, African Americans fought back against injustice in Harlem, and Barry Goldwater's conservative revol...](#)



[This video is gonna make you HAPPY!](#)
[Love watching this 88-year old lady... Do yourself a favor and watch this until the very last second \(don't miss the ending!\). Life is good, dance on... Let's SHARE it with everyone... they deserve it too... :\)](#)

When sent to **Dave Niemand**, his reply was "I'll be shooting to beat her record..."

from **Dave Gebhard**:

Ah, the memories of a Little red wagon----

<http://www.youtube.com/embed/-1w48qPF5hc> <<http://www.youtube.com/embed/-1w48qPF5hc>> _

Get your shag on: <http://mostexcitingworld.com/30-years-dancing-shag-dancers/>

GOOD NEWS!!

Brains of elderly slow because they know so much

The brains of older people only appear to slow down because they have so much information to compute, much like a full-up hard drive, scientists believe.

M

Elderly people have so much information in their brain that it takes longer for them to access it, scientists believe Photo: ALAMY

By [Sarah Knapton](#), Science Correspondent

5:16PM GMT 20 Jan 2014

[325 Comments](#)

Older people do not decline mentally with age, it just takes them longer to recall facts because they have more information in their brains, scientists believe.

Much like a computer struggles as the hard drive gets full up, so to do humans take longer to access information, it has been suggested.

Researchers say this slowing down it is not the same as cognitive decline.

“The human brain works slower in old age,” said Dr. Michael Ramscar, “but only because we have stored more information over time

“The brains of older people do not get weak. On the contrary, they simply know more.”

for more of the article: <http://www.telegraph.co.uk/science/science-news/10584927/Brains-of-elderly-slow-because-they-know-so-much.html>

The study was published in the Journal of Topics in Cognitive Science

oh the memories!

[Dr. Don Rose -- king of KFRC radio in '70s](#) [sfgate.com](#)

[Dr. Don Rose, the last of the great Top 40 disc jockeys, died in his sleep Wednesday at his Concord home after months of fighting pneumonia. King of corny one-liners and wacky sound effects, Mr. Rose ruled as the indomitable morning man at KFRC, "the Big 610," No. 1 rated virtually from his October...](#)

[Awesome nursing home residents in Germany reenact famous movie scenes](#)

[globalpost.com](#)

[Whoever said Granny couldn't do a wicked Marilyn was dead wrong.](#)